CIGARETTES...Don’t Get Sucked In

**PROPYLENE GLYCOL**
The tobacco industry claims they add it to keep tobacco from drying out.

**TOLUENE**
Tolene is highly toxic. It is commonly used as an ingredient in paint thinner.

**BENZO(A)PYRENE**
You’ll find it in tar and cigarette smoke. It’s one of the most potent cancer-causing chemicals in the world.

**PHENOL**
Phenol is a chemical used in disinfectant. The kind you use to clean a laboratory.

**ARSENIC**
This deadly poison makes your lips burn and your breath turn bad.

**BUTANE**
Highly flammable butane, is one of the key components of gasoline.

**ACETONE**
It’s one of the active ingredients in nail polish remover.

**CADMIUM**
It causes damage to the liver, kidneys and stays in the body for years.

**LEAD**
Lead poisoning stunts your growth, makes you vomit and damages your brain.

**AMMONIA**
Scientists have discovered that ammonia helps you absorb more nicotine-keeping you hooked on smoking.

**BENZENE**
Is found in pesticides and gasoline.

**FORMALDEHYDE**
It causes cancer and can damage your lungs, skin and digestive system. Embalmers use it to preserve dead bodies.